-2024-

MARCH

Leicester Middle School

What Makes a Lunch?
Select 3-5 Components

One must be a
FRUIT OR VEGGIE

Students MUST take AT LEAST 3 out of 5 meal components to be considered a complete meal. A ½ cup Fruit or ½ cup vegetable is MANDATORY W/ a meal.

The 5 components to choose from are: Meat/Meat Alternate, Grain, Milk, Fruit, and Vegetable.

Milk is FREE W/ a School Meal. Purchased separately Milk is $ .60.

Great News!

As Participants in the Community Eligibility Provision All Middle School Students receive Breakfast & Lunch for FREE!

Menus as well as other Food service Information, including our Non-Discrimination statement, are available on line: www.lpsma.net/department/foodservice

Food service director: Barry Sbordy
sbordyb@lpsma.net

Alternate/ Vegetarian meals include: Fruit, Vegetable, Non-fat milk

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Mozzarella Sticks W/ Marinara Sauce Spinach Salad w/ Tomato Three Bean Salad Pear Cup ALTERNATE ENTRÉE Pizza
4 **BBQ Grilled Chicken Sandwich W/ Lettuce & Tomato** **Seasoned Curly Fries** **Honey Dill Carrots,** **Apple Sauce Cup** ALTERNATE ENTRÉE Cheese/Hamburger	**5** Taco Tuesday! W/ Mexican Rice, Roasted Corn & Blk. Beans Lettuce, Tomato, cheese, Southwest Salsa, Sour Cr. Guacamole, Peach Cup ALTERNATE ENTRÉE Cheese Enchiladas	**6** **Chicken Alfredo Over WG Penne** **Roasted Broccoli,** **WG Bread Stick** **Assorted Fresh Fruit** ALTERNATE ENTRÉE Cheese Lasagna	**7** Meatball Grinder Sweet Potato Wedges Mixed Garden Salad w/ Spinach, Tomatoes & carrots, Mixed Fruit Cup ALTERNATE ENTRÉE Chicken Pattie	**8** Stuffed Crust Pizza Cheese or Pepperoni Fresh Red & Grn. Pepper Strips W/ Dip Assorted Fresh Fruit ALTERNATE ENTRÉE Buffalo Chicken Tenders
11 Cheeseburger Mac-N- Cheese W/ WG Roll Ranch Roasted Broccoli, Assorted Fresh Fruit ALTERNATE ENTRÉE Ravioli	**12** BBQ Sloppy Joe Sandwich WG Hoagie Roll, Sweet Potato Tots, Baked Beans, Mixed Fruit Cup ALTERNATE ENTRÉE Hot Dogs	**13** Grilled Cheese Chicken Noodle Soup Zucchini & Carrot Sticks W/ Light Ranch Dip Apple Slices ALTERNATE ENTRÉE Chicken Tenders	**14** Big Daddy's Ultimate Pizza Romaine Salad W/ Caesar Dressing Assorted Fresh Fruit ALTERNATE ENTRÉE Pepperoni Calzone	**15** Professional Development No School
18 Chicken Bacon Ranch Sandwich Sweet Potato Fries Broccoli Salad, Mixed Fruit Cup ALTERNATE ENTRÉE Grilled Cheese	**19** Popcorn Chicken Bowl W/ Mashed Potato, corn Gravy & Cheddar Cheese WG Dinner Roll Peach Cup ALTERNATE ENTRÉE Pizza	**20** **Philly Cheese Steak** **WG Hoagie Roll** **Sweet Potato Fries** **Roasted Peppers & Onions** **Fresh Orange Wedges** ALTERNATE ENTRÉE Chicken Pattie	**21** General Tso's Chicken, WG Low Mein w/ Mandarin Stir Fry Veg. Pineapple Chunks ALTERNATE ENTRÉE Beef Teriyaki	**22** Cheese Stuffed Breadsticks W/ Marinara Sauce, Fresh Spinach Salad Apple Slices ALTERNATE ENTRÉE Chicken Tenders
25 Boneless Buffalo Chicken Wings Sweet Potato Fries, Zucchini & Carrot Sticks w/ light Ranch Dip, Pear Cup ALTERNATE ENTRÉE Pizza	**26** Ziti & Meatballs W/ WG Pasta Fresh Romaine Salad W/ Grape Tomatoes Fruit Cup ALTERNATE ENTRÉE Cheese Calzone	**27** Southwest Chicken Cheese Steak Hoagie Nachos W/ Cheese, Salsa, Guacamole, sour cream, Roasted Peppers, Grapes ALTERNATE ENTRÉE Cheese/Hamburger	**28** Brunch @ Lunch Fluffy Scrambled Eggs WG French Toast W/Syrup Breakfast Sausage Links, Cucumber Coins, 100% Fruit Juice ALTERNATE ENTRÉE Ciabatta Cheese Melt	**29** No School

This institution is an equal opportunity provider. Menu is subject to change. A variety of milk is offered each day.